

**“DREAM BIG”
Level 5 SQM and Level 6/7/PO Prep Meet
KidSports USA
March 29-30, 2008**

MEET SCHEDULE

<u>Session 1 (A & B)</u>	<u>Saturday, March 29, 2008</u>	<u>Level 5</u>
Capital Cup Format	Gym Opens	7:30 am
	Check In/General Stretch	8:00 am
	Flight “A” – Warm Up	8:30 am
	March In	8:43 am
	Competition Begins	8:55 am
	AA/Team Awards	12:45 noon
<u>Session 2 (A & B)</u>	<u>Saturday, March 29, 2008</u>	<u>Level 5</u>
Capital Cup Format	Check In/General Stretch	1:15 pm
	Flight “A” – Warm Up	1:45 pm
	March In	1:58 pm
	Competition Begins	2:10 pm
	AA/Team Awards	5:45 pm
<u>Session 3 (A & B)</u>	<u>Saturday, March 29, 2008</u>	<u>Level 5</u>
Capital Cup Format	Check In/General Stretch	6:00 pm
	Flight “A” – Warm Up	6:30 pm
	March In	6:40 pm
	Competition Begins	6:50 pm
	AA/Team Awards	10:00 pm
<u>Session 4 (A & B)</u>	<u>Sunday, March 30, 2008</u>	<u>Level 5</u>
Capital Cup Format	Gym Opens	7:30 am
	Check In/General Stretch	8:00 am
	Flight “A” – Warm up	8:30 am
	March In	8:41 am
	Competition Begins	8:55 am
	AA/Team Awards	12:30 pm
<u>Session 5</u>	<u>Sunday, March 30, 2008</u>	<u>Level 6/7/PO</u>
Modified Capital Cup	Check In/General Stretch	1:00 pm
	March In	1:30 pm
	Warm up/Compete 1 st Event	1:40 pm
	Individual/AA/Team Awards	6:00 pm