

**2010**  
**19<sup>th</sup> ANNUAL JASON WHITFIELD INVITATIONAL**  
**MARCH 20 - 21, 2010**  
**MEET SCHEDULE**

*(all sessions will utilize a “modified traditional cup” format)*

**Saturday, March 20**

8:00 am  
8:30 am  
8:40 am  
8:50 am  
11:45 pm

**Session 1 (Level 7)**

Check-in/Open Warm-up  
Warm-up 1<sup>st</sup> Event  
Line-up/National Anthem  
Competition Begins  
Awards

**Saturday, March 20**

11:45 pm  
12:15 pm  
12:28 pm  
12:45 pm  
4:20 pm

**Session 2 (Levels 8-10)**

Check-in/Open Warm-up  
Warm-up 1<sup>st</sup> Event  
Line-up/National Anthem  
Competition Begins  
Awards

**Sunday, March 21**

8:00 am  
8:30 am  
8:42am  
8:50 am  
11:30 am

**Session 3 (Level 4)**

Check-in/General Stretch  
Warm-up 1<sup>st</sup> Event  
Line-up/National Anthem  
Competition Begins  
Awards

**Sunday, March 21**

11:30 am  
12:00 pm  
12:13 pm  
12:20 pm  
3:30 pm

**Session 4 (Level 5)**

Check-in/General Stretch  
Warm-up 1<sup>st</sup> Event  
Line-up/National Anthem  
Competition Begins  
Awards

**Sunday, March 21**

3:30 pm  
4:00 pm  
4:12 pm  
4:20 pm  
7:15 pm

**Session 5 (Level 6)**

Check-in/General Stretch  
Warm-up 1<sup>st</sup> Event  
Line-up/National Anthem  
Competition Begins  
Awards